

L'Alba D'Oro and Anima - Product Allergen Information

DISH	Celery	Cereals (gluten)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
L'ALBA D'ORO														
FISH														
Fish (Haddock)	X	X wheat		X	X		X		X				X	X
Special Fish (Haddock)	X	X wheat		X	X		X		X				X	X
Special Romana (Haddock)	X	X wheat		X	X		X		X				X	X
Scampi Tails		X wheat	X											
Fish Cake		X wheat			X		X		X					
Hot 'n' Spicy Prawns		X wheat	X				X		X					
Salt and Pepper Squid	X	X wheat		X				X						
CHICKEN														
Fried Chicken														
Chicken in Batter	X	X wheat		X			X		X				X	X
Hot 'n' Spicy Chicken Fillets		X wheat												
Chicken Breast Bites		X wheat												
Southern Fried Chicken Fillets	X	X wheat							X					
PIES														
Steak Pie		X wheat					X						X	
Mince Pie		X wheat					X						X	
PUDDINGS														
White Pudding	X	X wheat		X			X		X				X	X
Black Pudding	X	X wheat/barley		X			X		X				X	X
Haggis	X	X wheat/oats		X			X		X				X	X
MEAT & BURGERS														
Cheeseburger	X	X wheat		X			X		X				X	X
BBQ Style King Rib	X	X wheat		X			X		X				X	X
Hamburger	X	X wheat		X			X		X				X	X
Rump Chipsteak	X	X wheat		X			X		X				X	X
SAUSAGES														
Smoked Pork Sausage														
Jumbo Smoked Sausage														
Pork Sausage	X	X wheat		X			X		X				X	X
VEGETARIAN														
Vegetable Burger	X	X wheat		X			X		X				X	X
Vegetable Spring Roll	X	X wheat		X			X						X	
Stuffed Jalapeno Poppers		X wheat		X			X							
Battered Mozzarella Sticks		X wheat					X						X	
Deep-Fried Pizza:														
Cheese & Tomato	X	X wheat		X			X		X				X	X
Cheese & Onion	X	X wheat		X			X		X				X	X
Cheese & Mushroom	X	X wheat		X			X		X				X	X

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SIDE PORTIONS														
Onion Rings		X wheat												
Savoury Mushrooms	X	X wheat		X			X		X				X	X
Small Chips Box														
Large Chips Box														
Scots Chip Buttie		X wheat					X					X		
Cheese Pot							X							
Pickled Egg		X barley		X										
Pickled Onion														X
Buttered Bap		X wheat					X					X		
CONDIMENTS														
Brown Sauce		X wheat												
Vinegar		X barley												
Ketchup	X													

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ANIMA														
PIZZA														
Classica		X wheat					X						X	
Mamma	X	X wheat					X						X	
Trulli		X wheat					X						X	
Rusticana		X wheat					X						X	
San Sebastian		X wheat	X				X						X	
Spaccanapoli	X	X wheat					X						X	
Miramare		X wheat			X		X						X	
Fiamma		X wheat					X						X	
Giardino		X wheat					X						X	
Agriturismo		X wheat					X						X	
Inferno		X wheat					X						X	
Anima Mia		X wheat		X			X			X cashew/pine			X	
Garlic Pizza		X wheat					X						X	
PASTA														
Pomodoro		X wheat											X	
Piccanti		X wheat											X	
Pesto		X wheat		X						X cashew/pine			X	
Bolognese	X	X wheat											X	X
Carbonara		X wheat											X	
Caruso	X	X wheat											X	
Terreno		X wheat											X	
Bosco		X wheat											X	
Orto		X wheat		X						X cashew/pine			X	
Lombardo		X wheat											X	
Romana		X wheat											X	
Diavola		X wheat											X	
PASTA TYPE														
Spaghetti		X wheat												
Penne		X wheat												
Wholegrain		X wheat												
CHEESE OPTION														
Parmesan				X			X							
Mozzarella							X							
CYO PASTA SAUCES														
Pomodoro														
Piccanti														
Cream							X							
Pesto				X						X cashew/pine				
Bolognese	X													X
Cream and Tomato							X							
Pesto Tomato				X			X			X cashew/pine				

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TOPPING														
<i>Sauce</i>														
Traditional Tomato														
Garlic Tomato														
Chilli Tomato														
Pesto Tomato				X			X			X cashew/pine				
Bolognese	X													X
<i>Cheese</i>														
Mozzarella							X							
Fior di Latte							X							
Cheddar							X							
Gorgonzola							X							
Scamorza (smoked)							X							
Parmesan				X			X							
<i>Fish</i>														
Anchovies					X									
Prawns			X											
Tuna					X									
<i>Vegetables</i>														
Artichokes														
Kalamata Olives														
Friarielli Broccoli	X													
Jalapenos														
Onions														
Red Onions														
Peppers														
Grilled Peppers														
Pineapple														
Cherry Tomatoes														
Marinated Cherry Tomatoes														
Sunblush Tomatoes														
Sun-Dried Tomatoes														
Mushrooms														
Wild Mushrooms														
Rocket														
Spinach														
Sweetcorn														
<i>Meat</i>														
Smoked Pancetta														
Roast Chicken														
Chorizo														
Roast Ham														
Parma Ham														

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Salami Napoli							X							
Nduja														
Fresh Homemade Sausage														
Salsiccia Piccante														
Ventricina														
SIDES														
Garlic Bread Portion		X wheat					X						X	
Cheesy Garlic Bread Portion		X wheat					X						X	
Bruschetta		X wheat					X						X	
Three-Cheese Bruschetta		X wheat					X						X	
Side Salad														
Gourmet Salad							X							
Chicken Caesar Deluxe Salad		X wheat/barley		X			X						X	
BREAD														
Focaccia		X wheat											X	
Ciabatta		X wheat										X		
MEGA BEEF BURGER														
Popolo		X wheat					X		X			X	X	
Vesuvio		X wheat		X			X					X	X	
Colosseo		X wheat					X					X	X	
Circo		X wheat					X					X	X	
Plain Burger		X wheat					X					X	X	
CHARGRILLED CHICKEN MELT														
Repubblica		X wheat					X					X	X	
Spagna		X wheat					X					X	X	
Tricolore		X wheat		X			X			X cashew/pine		X	X	
Cesare		X wheat/barley		X			X					X	X	
Plain Chicken Melt		X wheat					X					X	X	
DESSERTS														
Chocolate and Cherry Cheesecake		X wheat		X			X						X	
Chocolate Overload Cake		X wheat		X			X						X	
Dime Bar Cake		X wheat/barley		X			X			X almonds			X	
New York Cheesecake		X wheat		X			X						X	
White Chocolate and Raspberry Cheesecake		X wheat		X			X						X	
CONDIMENTS														
Caesar Dressing		X wheat/barley		X			X						X	
Garlic Butter							X						X	
Mayonnaise				X										
Olive Oil and Balsamic														X
Pesto				X			X			X cashew/pine				
Tomato Relish (Burger Relish)									X					

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